Burlington Junior School Physical Education 2026-2027

Class Overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	PE	Dance (Tell me a story)	Gymnastics (solo sequence)	Dance (Workout)	Gymnastics (apparatus sequence)	Athletics (My personal best)	Athletics (Pentathlon)
	Games	Tigers trust Invasion	Athletics (Cross country)	Tigers Trust Striking and fielding Cricket	Tigers Trust OAA	Striking and fielding (Chase the batter)	Invasion (Handball)
Year 4	PE	Swimming (1 class) Dance (World showcase)	Swimming (2 classes) Dance (World showcase)	Gymnastics (paired sequence)	Gymnastics (apparatus sequence)	Athletics (My personal best)	Athletics (Pentathlon)
	Games	Striking and fielding (Quick Cricket)	Tigers trust Invasion	Athletics (cross country)	Invasion (Hoop ball)	Tigers Trust Striking and fielding Rounders	Tigers Trust OAA
Year 5	PE	Dance (Fitness performance)	Gymnastics (group sequence)	Dance (Yoga teachers)	Gymnastics (apparatus sequence)	Athletics (Septathlon)	Athletics (Team events)
	Games	Tigers trust Invasion	Invasion Hockey	Tigers Trust Striking and fielding Cricket	Tigers Trust OAA	Invasion (Netball)	Net/wall Tennis/volleyball
Year 6	PE	Dance (Fitness performance)	Gymnastics (group sequence)	Dance (My school journey))	Gymnastics (apparatus sequences)	Athletics (personal best)	Athletics (Team events)
	Games	Striking and fielding (My game)	Tigers trust Invasion	Invasion games (Tag rugby)	Net/wall Tennis/volleyball	Tigers trust Striking and fielding Rounders	Tigers trust OAA